

New Orleans Culinary Tour 2018

Itinerary dates: May 13 – 17, 2018

Tour Leader: Beth Whitman

HIGHLIGHTS of the New Orleans Culinary Tour

- Dine on muffulettas, jambalaya and grits as you enjoy Creole and Cajun food at some of the most interesting **restaurants in the French Quarter**
- Take a **three-hour guided walking tour** of the French Quarter with a focus on food
- Learn about **Hurricane Katrina** and how the city is rebuilding the most devastated areas
- Savor **cafe au lait and beignets** at Cafe du Monde
- Head out of town for a **plantation tour**
- Take part in **two cooking demonstrations** with dynamic female chefs
- Though possible, this tour is **not very suitable for vegetarians**
- Returning WanderTours participants receive a **5% discount on land costs**

Please note that participants should be able to walk at least a mile at a reasonable pace (25 minutes).

The tour begins on Sunday, May 13, in the afternoon. Arriving in New Orleans, participants will make their own way to the hotel in the French Quarter. Airport shuttles are available. A rental car is not necessary.

ITINERARY

Day 1

Sunday, May 13, 2018

Meals: Dinner

We will begin our exciting culinary adventure in New Orleans with a **guided walking food tour** of the French Quarter beginning at **2:00 p.m.**

As we stroll along, a local expert will teach us about the area's history and significance in the world of food. We'll be sampling plenty of typical N'awlins fare along the way.

After a short break, we'll make our way to legendary Mulate's for dinner. This restaurant specializes in **Cajun and Creole food** as well as **live Cajun music!** How can we go wrong with this? We can't! There is no finer way for us all to get to know each other and have a relaxing and enjoyable evening together.

 **HIGHLIGHT!** Today's walking tour will give you an excellent **lay of the land**, namely the 78 blocks that make up the French Quarter, New Orleans's heart and soul, all while you enjoy and learn about the food of the city.

Overnight at [Bourbon Orleans Hotel](#).

Day 2

Monday, May 14, 2018

Meals: Breakfast, Lunch, Dinner

After breakfast at a nearby restaurant in the French Quarter, we'll head to the **French Market** to check out some of the souvenirs, handicrafts and locally produced food items, and stop for a late morning pick-me-up of **café au lait and beignets at Café du Monde**.

For lunch we'll grab some world-famous muffuletta sandwiches to enjoy during our organized bus tour where we'll learn about **Hurricane Katrina**. This will be a tour focusing on the destruction and rebuilding that continues today. As part of this, we'll go through the Lower Ninth Ward and over the now-repaired levees.

We'll take a **break in the afternoon**. During this time, you can walk the French Quarter on your own or rest before we enjoy a fantastic **cooking demonstration** for dinner at the home of chef Amy Sins. Not only will we get to experience **local flavors and learn how to cook N'awlins-style** but we'll also get to peek inside a local's home!

Overnight at [Bourbon Orleans Hotel](#).



HIGHLIGHT! You'll love learning how to prepare some of **New Orleans's favorite dishes**. We'll finish the evening with full tummies and recipes in hand.

Day 3

Tuesday, May 15, 2018

Meals: Breakfast, Lunch

We'll start the day early with breakfast at **The Grill**. This restaurant was spawned from its sister restaurant, the popular Camellia Grill, located on the St. Charles streetcar line. The Grill specializes in comfort food. Nothing too fancy here, but excellent food and a **must-visit breakfast hotspot**.

After breakfast, we'll drive about an hour to a couple of historic plantations—**Laura and Oak Alley plantations**. Both plantations were known for their sugarcane production at the height of America's slavery era. We'll tour **Laura** and have **lunch at Oak Alley**, with the chance to take plenty of photos at both locations. We'll also learn about the history of these at-once amazing and tragic destinations.

Tonight you'll have **dinner on your own** to give you the opportunity to explore a culinary experience that's exactly to your liking. Closer to the tour date, we'll provide of list of suggestions from which you can choose (or you can discover one on your own!).

Overnight at [Bourbon Orleans Hotel](#).

Day 4

Wednesday, May 16, 2018

Meals: Dinner

Today feel free to **sleep in and grab breakfast on your own**.

By mid-morning, we'll be ready to take a tour on the **Hop-On, Hop-Off Bus** outside of the French Quarter, which will include **Magazine Street** with its wide range of antique, jewelry and art shops as

well as cafes, restaurants and bars. During this tour, you might choose to stop at **Mardi Gras World** or the **World War II Museum** (both activities on your own) or perhaps shop, browse and have lunch on famous **Magazine Street**.

For dinner we'll head to another iconic eatery, **Tujague's**, near the French Market. This is the second-oldest restaurant in New Orleans at an impressive 150 years old, and our host will be cookbook author and local personality, **Poppy Tooker**. Poppy is a New Orleans native and the host of *Louisiana Eats* on NPR. This will be a special final evening in NOLA!

Overnight at [Bourbon Orleans Hotel](#)



HIGHLIGHT! You'll love **dinner with Poppy**. She's a beloved character of New Orleans and is credited with saving Tujague's from the wrecking ball.

Day 5

Thursday, May 17, 2018

Meals: Breakfast

We'll have one final breakfast at the hotel before checking out. Transfer on your own back to the airport.

**** Itinerary subject to change without notice.**

*****No refunds for unused portions of the tour.**